

Come to Castilla y León  
Spain

Discover  
its birdlife

Relax  
in its accommodation



  
**TRINO**  
Birdwatching and Tourism  
[www.birdwatchingspain.com](http://www.birdwatchingspain.com)



Junta de  
Castilla y León

PROGRAMA EUROPEO  
AGROPECUARIO DE  
DESEARROLLO SOSTENIBLE EN  
LOS TIEMPOS RURALES



MINISTERIO  
DE AGRICULTURA, ALIMENTACIÓN  
Y MEDIO AMBIENTE

# Come to Castilla y León



The vast, and highly diverse, region of Castilla y León is an exceptional location for bird watching in the Iberian Peninsula. From the vast plains of the interior to its high mountain peaks, a multitude of different habitats can be found with a rich and varied birdlife. Around 361 species of birds have been recorded and of the 266 species that nest in Spain, 218 can be found in this region. Amongst the main species remarkable for their breeding populations (when placed in a national and European context) are: the White Stork, Black Stork, Red Kite, Egyptian Vulture, Griffon Vulture, Black Vulture, Spanish Imperial Eagle, Hen Harrier, Montagu's Harrier, Lesser Kestrel, Peregrine Falcon, Great Bustard, Cantabrian Capercaillie, Middle Spotted Woodpecker, Dupont's Lark, Bluethroat and Rook.

Castilla y León is the Spanish region with the greatest representation in the European ecological network Natura 2000 Network, with 18.94% of the total. Within this framework, a network of Special Protection Areas for birds (SPA) was established which provides protection for the



Bonelli's eagle



Sistema Central, Ávila



Cereal plains, Palencia

habitats of the majority of the most threatened bird populations of the European Union. Seventy SPAs have been declared, covering an area of around two million hectares, over 21% of the regional surface area.

## Main habitats and species

Arable land provides a favourable habitat for numerous species of steppe birds. The Great Bustard is the most representative, with one of the most important populations in the world. About 10,000 of them can be found spread around the cereal plains of the region, mainly in the Tierra de Campos, Tierra del Pan, Tierra de Medina and La Moraña areas. In these wide-open spaces low-flying Montagu's Harriers can often be seen, as well as flocks of Little Bustards and Black-bellied Sandgrouse scattered among the crops.

The Cantabrian Mountains provide the southern border for the distribution area of some European birds. In the deciduous forests of the Picos de Europa (León) lives the Cantabrian Capercaillie, a glacial relict increasingly threatened with extinction. The beech and oak forests of these mountains also provide a habitat for woodpeckers such as the Black Woodpecker and Middle Spotted Woodpecker and other small birds such as the Eurasian Treecreeper.

The steppe lagoons are of vital importance to the migration of aquatic birds from all over Europe. The Natural Reserve at the Villafáfila Lagoons (Zamora) and the lagoon at La Nava (Palencia) are the main wetlands in the region with more than 50,000 wintering aquatic birds, 30,000 of which are Graylag geese.

The river canyons provide the main breeding sites for many species of rupicolous birds. The Natural Park of Arribes del Duero (Salamanca-Zamora) is one of the leading examples of this type of environment with very important breeding populations of Black Stork, Griffon Vulture, Egyptian Vulture and Golden Eagle. The park hosts the main reproductive concentration of the **Bonelli Eagle**, the most endangered species in the

region. The canyons and cliffs of the SPAs of the Hoces del Alto Ebro and Rudron and Humada-Peña Amaya (Burgos) also protect important birds of prey populations including the Griffon Vulture, Egyptian Vulture, Peregrine Falcon and Eagle Owl.

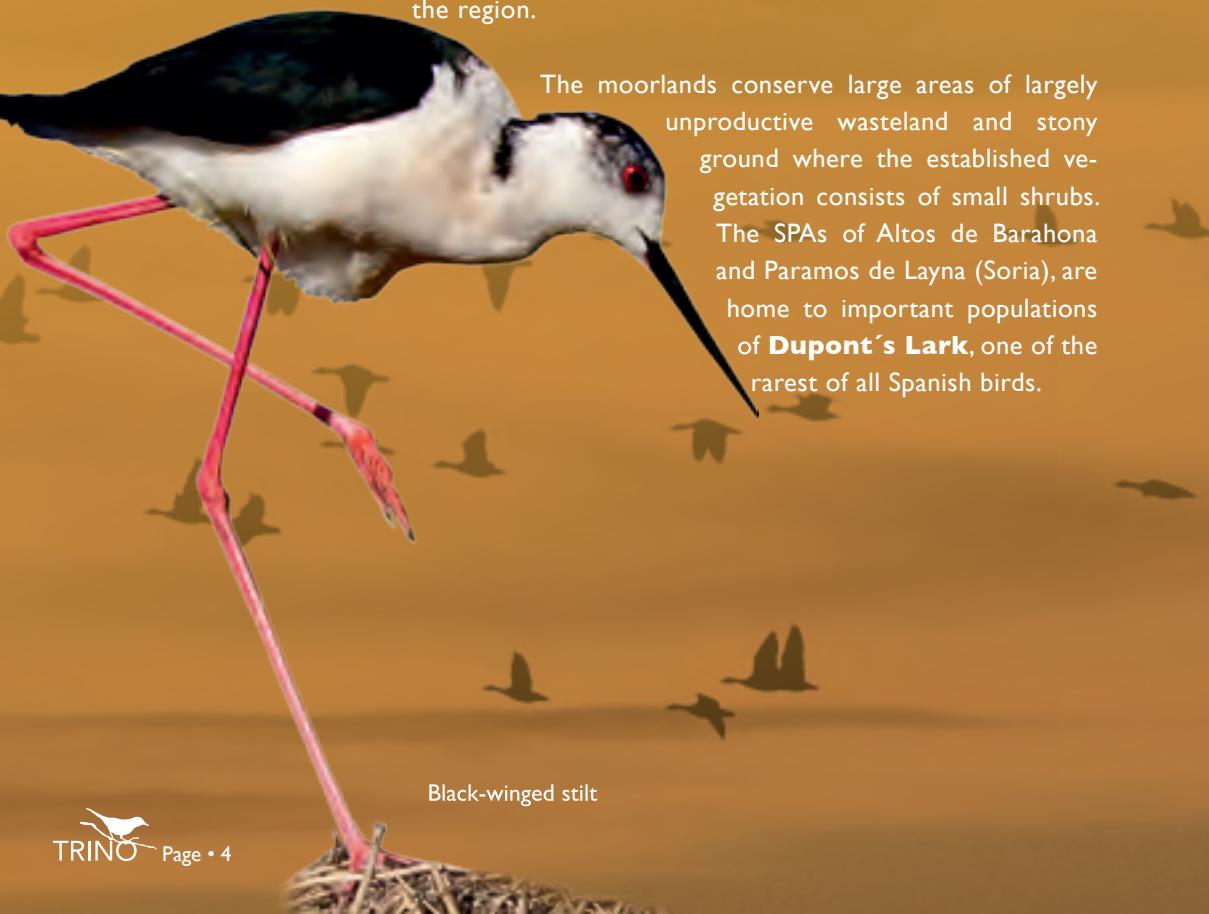
The towns and villages of Castilla y León are home to bird populations of significant interest.

The **White Stork** is the most popular and well known with more than 8,000 pairs. Other species of note include the Lesser Kestrel with more than three thousand pairs nesting on the roofs of buildings in most of the villages of the region.



Spanish imperial eagle

The moorlands conserve large areas of largely unproductive wasteland and stony ground where the established vegetation consists of small shrubs. The SPAs of Altos de Barahona and Paramos de Layna (Soria), are home to important populations of **Dupont's Lark**, one of the rarest of all Spanish birds.



Black-winged stilt

The riverine forests that run alongside the river network of the Duero basin provide an environment for a rich diversity and large number of birds. The Natural Reserve of the Riberas de Castonuño-Vega del Duero (Valladolid) and the riverbanks of the Duero at Burgos have well-preserved stretches of thicket and vast areas of reed beds where herons nest, including the Purple Heron, the Grey Heron and the Marsh Harrier.

**All these natural treasures that have made their home in our region can also be yours for a while just by coming to visit our natural environments, meeting local people and sharing our biodiversity. We have preserved this natural heritage so you too can get to know it and help us to broadcast the importance of our countryside.**



Purple heron



Black vulture

# Come to Castilla y León Discover its birdlife

In the vast geographic area that makes up the region of **Castilla y León**, a huge variety of bird-friendly habitats can be found. From the vast plains of the interior to the mountains that surround them, **a wide variety of different habitats can be found with communities of birds characteristic of each area**. The birds that can be found include typically Euro-Siberian species (such as the Cantabrian Capercaillie), exclusively Mediterranean birds (like the Spanish Imperial Eagle in the southern area of the Sistema Central) and steppe birds such as the Great Bustard that inhabit the deforested interior of the plains.



**Castilla y León is the Spanish autonomous region with the greatest representation in the European ecological network Natura 2000 Network, with 21% of its total surface area under protection.**

**Knowing where to search for each different species, as well as which can be found at any given time in the different ecosystems of the region, is undoubtedly one of the best ways of helping ornithological enthusiasts when they are starting out.**

In the following pages details are given of the distribution of 20 species of birds within Castilla y León, of interest to the ornithological enthusiast either for their beauty or their rarity in a European context.

We would like to invite all nature lovers to come and enjoy the beauty and biodiversity that is still in existence in the extensive Castilla y León region.



Cranes



# Come to Castilla y León

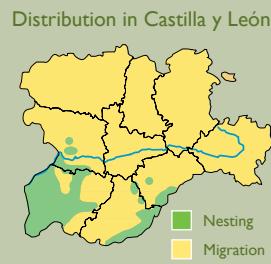
20 Birds all within reach in Castilla y León

## • Black Stork *Ciconia nigra*

Distributed around the southern fringes of the region and regularly breeding in the provinces of Ávila, Salamanca, Segovia and Zamora. Numerically, Castilla y León has the second most important population in Spain.

Population trend

Increasing



## • Greylag Goose *Anser anser*

Average wintering population of 30,000 birds. The Villafáfila lagoons, the second most important site in Spain after the Marismas del Guadalquivir, are the main location for this species with an average of 24,843 birds. Other sites of interest are the lagoons at La Nava and Boada in Palencia, the Rosario reservoir and the El Oso lagoon in Ávila, the Ricobayo reservoir in Zamora and the Ebro reservoir in Burgos.

Population trend

Increasing

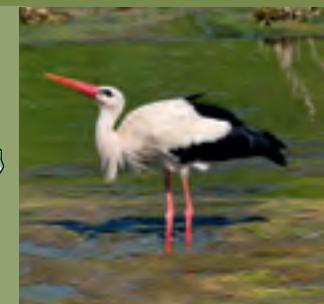


## • White Stork *Ciconia ciconia*

Widely distributed throughout the region from the arable land of the interior to the mountainous areas. Breeds in all provinces with the largest breeding concentrations in Leon, Salamanca, Segovia and Zamora. Gathers in large concentrations in the days prior to migration.

Population trend

Increasing



## • Red kite *Milvus milvus*

Widely distributed although it seems to avoid areas to the northwest and the deforested arable land in the interior of the region. Breeds in all provinces with the main breeding concentrations in the pasture lands around Salamanca and Zamora and on the north face of the Sistema Central, where the highest numbers can be found. The breeding population is estimated at 1,000 pairs.

Population trend

Declining

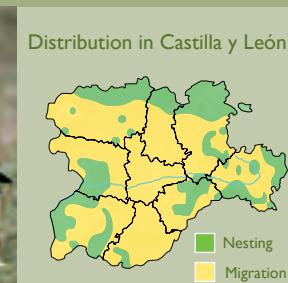


## • Egyptian Vulture *Neophron percnopterus*

Found mainly in the Cordillera Cantábrica, Arribes del Duero and the Sistema Ibérico and their foothills. Not found in the arable land of the interior where there is a lack of suitable nesting sites. Breeds regularly in all provinces except Valladolid. Worthy of special mention is the population in Burgos and the populations concentrated around the river canyons of the Arribes del Duero in Zamora and Salamanca.

Population trend

Declining

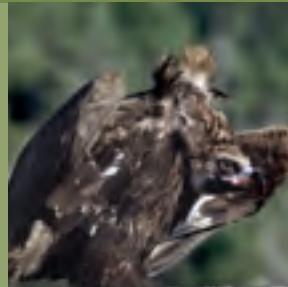


## • Black Vulture *Aegypius monachus*

Breeding colonies are restricted to the Sistema Central. They breed in the provinces of Ávila, Salamanca and Segovia with the main populations concentrated around the Sierra de Guadarrama, the eastern Macizo of Gredos and the Sierra de Francia.

Population trend

Increasing



## • Griffon Vulture *Gyps fulvus*

Distributed around the mountainous areas and river canyons, mainly in the eastern and southeastern parts of the region. Breeding is rare in the Sistema Central and non-existent in the cereal growing areas of the interior and mountainous areas of the northwest. Breeds in all the provinces of Castilla y León.

Population trend

Increasing



## • Montagu's Harrier *Circus pygargus*

Widely distributed throughout the region, preferring open and deforested spaces in the arable land and moorland of the Duero basin. More dispersed and scarce elsewhere, especially in large mountainous areas. Breeds in all provinces with the biggest populations concentrated in the cereal growing areas of the interior such as Tierra de Campos and La Moraña.

Population trend

Stable



# Come to Castilla y León

20 Birds all within reach in Castilla y León

## • Golden Eagle *Aquila chrysaetos*

Distribution appears to depend on the existence of cliffs so are mainly found in mountain ranges and most of the river canyons in the region. It avoids the deforested areas of the interior.

Population trend

Increasing



Distribution in Castilla y León



## • Lesser Kestrel *Falco naumanni*

Summer nesting and common migrant. Widely distributed throughout the interior of the region, mainly in the arable land to the north and south of the Duero and also in the high moorlands and foothills of the Sistema Central. Breeds in all provinces with the largest populations in Zamora, Salamanca, Valladolid and Palencia.

Population trend

Increasing

Distribution in Castilla y León



## • Great Bustard *Otis tarda*

Wide distribution in the arable land to the north and south of the Duero, with the largest populations concentrated around the Tierra de Campos, La Moraña (AV), Campo de Peñaranda (SA) and Tierra de Medina (VA) areas. Castilla y León is home to the largest population in Spain, with an estimated 10,000 birds.

Population trend

Stable



Distribution in Castilla y León



## • European Bee-Eater *Merops apiaster*

Widely distributed throughout the region although less numerous in the Cordillera Cantábrica and missing in some parts of the Sistema Ibérico. Breeds in all provinces with very high numbers for Spain in the olive groves of the Sierra de Gredos (AV) as well as high numbers in Salamanca, Zamora and the south of Burgos.

Population trend

Stable



## • Common Crane *Grus grus*

Distributed in the Tierra de Campos area (PA-ZA), Tierra de Medina-La Moraña (VA-AV) and Tiétar valley (AV) with an average of 2,300 birds in the winter censuses. Apparently during the last century it used to breed in the La Nava lagoon (PA).

Population trend

Stable



Distribution in Castilla y León



## • Little Bustard *Tetrax tetrax*

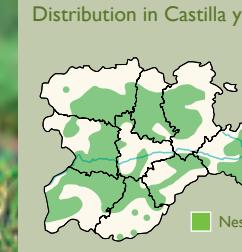
Wide distribution in the open and deforested spaces in the cereal growing arable land of the interior as well as the moorlands and foothills of the Montes de Leon. Breeds in all provinces with the greatest numbers in Leon, Zamora and Salamanca. In recent years the Iberian populations, as well as those located in the rest of Europe, show a declining trend.

Population trend

Declining



Distribution in Castilla y León

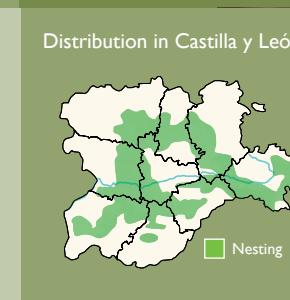


## • Black-Bellied Sandgrouse *Pterocles orientalis*

Considered to be rather sedentary, its transient behaviour is little known. Wide distribution on arable land and moorland. Breeds in all provinces with the largest populations concentrated in the cereal growing areas to the south of the Duero, mainly in Avila, Salamanca, Valladolid and Soria.

Population trend

Stable



Distribution in Castilla y León



## • Dupont's Lark *Chersophilus duponti*

Found in two distinct concentrations separate from each other. The first, and most important, is in the moorlands in the northeast of the region and the second in various locations in the west of Zamora. Breeding is confirmed in the provinces of Burgos, Palencia, Segovia, Soria and Zamora and also possibly in Avila, Valladolid and Salamanca. The Castile-Leon population is the largest in Spain.

Population trend

Declining



Distribution in Castilla y León



# 20 Birds all within reach in Castilla y León

## • Alpine Accentor *Prunella collaris*

The breeding population is found in the highest altitudes of the Castilla y León mountain ranges: Sierra de Gredos (AV), Cordillera Cantábrica(LE-PA), Montes de Leon (LE), La Montaña and Sierra de Neila (BU), Sierra del Guadarrama (SG) and Picos de Urbión (SO) at an altitude of between 900 and 2,500 metres. In winter it is more widely distributed and numerous, appearing in limestone crags of medium altitude.

Population trend



Distribution in Castilla y León



## • Wallcreeper *Tichodroma muraria*

The nesting population is found in Leon and Palencia. In Castilla y León the greatest numbers can be found in the Picos de Europa (LE), especially in the Macizo Central. The average altitude in the breeding season is 1,680 metres in the Cordillera Cantábrica. During migration and wintering it can be found at altitudes of less than 800 metres.

Population trend



Distribution in Castilla y León



## • Golden Oriole *Oriolus oriolus*

Abundant and widely distributed around Castilla y León. Strong breeding in all provinces although more scarce in the driest and most deforested areas in the centre of the region as well as the mountainous areas. The highest numbers are found in the northeast of Zamora and southwest of Burgos. It is a typical inhabitant of riverside woodlands.

Population trend



Distribution in Castilla y León



## • Azure-Winged Magpie *Cyanopica cyana*

Wide distribution around the southern part of the region, reaching its northernmost limit at the river Arlanza and Lara area of Burgos without going beyond the Sistema Ibérico and taking the river Duero as its north-eastern boundary. Breeds in all the provinces except Leon with reduced concentrations in the southwest of Palencia.

Population trend



Distribution in Castilla y León



# The TRINO Project

Rural Domestic Tourism and Ornithology



**The TRINO Project (Rural Domestic Tourism and Ornithology) was a proposal made by thirty Local Action Groups of the LEADERCAL programme under Axis 4 of the European Agricultural Fund for Rural Development (EAFRD) in Castilla y León (Spain). Its main objective is the promotion of ornithological tourism in Castilla y León.**



This project works to ensure that rural tourism accommodation providers supply an offer that is compatible both with the needs of ornithological tourism and nature by using sustainability criteria and making a commitment to follow good environmental practices. Other established objectives to ensure the region reaches a higher level of environmental awareness include environmental education for children and young people, increasing awareness among foresters, arable and cattle farmers and also training guides.

Other activities that will ensure you do not leave the region disappointed include conservation activities with protected species and the creation of routes that respect both wildlife and their natural habitats that can be taken by bicycle, on a horse or in a horse-drawn carriage (depending on the species to be observed).



**Castile and Leon**  
LOCAL ACTION GROUPS  
MEMBERS OF THE TRINO PROJECT



Come to Castilla y León

# Relax in our accommodation



Thirty Local Action Groups of the LEADERCAL programme under Axis 4 of the European Agricultural Fund for Rural Development (EAFRD) in Castilla y León are working as part of the **TRINO** project (Rural Domestic Tourism and Ornithology) to ensure that rural tourism accommodation providers supply an offer that is compatible both with the needs of ornithological tourism and nature by using sustainability criteria and making a commitment to follow good environmental practices.

The rural accommodation establishments linked to TRINO are committed to the development of a series of activities with the aim of offering a quality service adapted to the requirements of nature tourism. With this in mind ornithological training has been provided to increase knowledge of local birdlife and raise awareness of the needs of the birdwatcher.

In these establishments information is available about the birdlife in each area. In addition the implementation of good environmental practices in these establishments ensures tourism activity is compatible with sustainable development.



## La Moraña

Cereal plains, pine forests, groves, thicket, wetlands, pasture.



LOCAL ACTION GROUPS  
IN Castilla y León



### ADRIMO

Pza. del Salvador, 1, bajo izqda.  
05200 Arévalo (Ávila)  
Tel.: +34 920 300 870  
adrimo@adrimo.e.telefonica.net

**Birds of interest:** White stork, Red kite, Montagu's harrier, Hen harrier, Lesser kestrel, Hobby, Merlin, Crane, Little bustard, Great bustard, Black-bellied sandgrouse, Pin-tailed sandgrouse, Black-winged stilt, Stone curlew.

### Accommodation network linked to the **TRINO** project

- **CRA La Herrería and CRA Besana** [www.casa-herreria.com](http://www.casa-herreria.com)
- **PR Los Cinco Linajes** [www.loscincolinajes.com](http://www.loscincolinajes.com)
- **CRA La Lagunilla** [www.casarural-lalagunilla.com](http://www.casarural-lalagunilla.com)
- **CRA Las Hazanas** [www.lashazanas.com](http://www.lashazanas.com)
- **CRA La Fonte**
- **CRA Los Cantones** [www.actiweb.es/loscantones](http://www.actiweb.es/loscantones)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada



# Ávila

# Valle del Tiétar

Mediterranean forest, groves, thicket, mountain pasture, wetlands.



**Birds of interest:** Black stork, White stork, Honey buzzard, Black-shouldered kite, Black kite, Short-toed eagle, Spanish imperial eagle, Booted eagle, Golden eagle, Black vulture, Hobby, Crane, Little tern, Eagle owl, Roller, Lesser spotted woodpecker, Bluethroat, Spanish sparrow.

## Accommodation network linked to the **TRINO** project

- **APT Paraíso del Tiétar** [www.paraisodeltieter.com](http://www.paraisodeltieter.com)
- **AT Valle de la Salud** [www.tualbergue.com](http://www.tualbergue.com)
- **CRAC Casa del Naranjo** [www.lacasadelnaranjo.blogspot.com](http://www.lacasadelnaranjo.blogspot.com)
- **CTR El Torreón** [www.eltorreondepiedralaves.com](http://www.eltorreondepiedralaves.com)
- **CRA Entregredos** [www.entregredos.com](http://www.entregredos.com)
- **H La Canela** [www.lacanela.com](http://www.lacanela.com)
- **CTR Chozos de Teja** [www.chozosdeteja.com](http://www.chozosdeteja.com)
- **CRA Gredos** [www.casagredosrural.es](http://www.casagredosrural.es)
- **CRA Las Atalayas I y II** [www.chozosdeteja.com](http://www.chozosdeteja.com)
- **CRA Luna** [www.lunacandeleda.com](http://www.lunacandeleda.com)
- **CRA La Sayuela B & B 4 espigas** [www.lasayuela.net](http://www.lasayuela.net)
- **CTR Casa Carmela** [www.casacarmela-rural.com](http://www.casacarmela-rural.com)
- **CTR Crisol** [www.casacrisol.com](http://www.casacrisol.com)
- **PO Rincón de Alardos** [www.rincondealardos.es](http://www.rincondealardos.es)
- **Albergue Granja Escuela Casa Vieja** [www.granjacasadavieja.com](http://www.granjacasadavieja.com)
- **CTR La Hacienda de Gredos**
- **CTR La Espuela** [www.turismorurallaespuela.com](http://www.turismorurallaespuela.com)
- **PO La Posada del Tiétar** [www.posadadeltietar.com](http://www.posadadeltietar.com)

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**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant || **APT:** Holiday Apartment

**AT:** Tourist Hostel

\* Rural hotel with historic interest \*\* Luxury Posada

LOCAL ACTION GROUPS  
IN Castilla y León



### CEDER Valle del Tiétar

Avda. Pintor Martínez Vázquez, 5, bajo  
05400 Arenas de San Pedro (Ávila)  
Tel.: +34 920 372 804  
[www.cedertietar.es](http://www.cedertietar.es)  
[cedertietar@cedertietar.es](mailto:cedertietar@cedertietar.es)



# Amaya-Camino de Santiago

Rocky crags, moorland.



**Birds of interest:** Egyptian vulture, Griffon vulture, Hen harrier, Montagu's harrier, Golden eagle, Peregrine, Eagle owl, Chough, Alpine chough, Rock thrush.

LOCAL ACTION GROUPS  
IN Castilla y León



### ADECO Camino de Santiago

Plaza Mayor, 2, bajo 09110 Castrojeriz (Bu)  
Tel.: +34 947 378 536 [www.adeco-camino.org](http://www.adeco-camino.org)  
[adeco-cam@cyl.com](mailto:adeco-cam@cyl.com)

## Accommodation network linked to the **TRINO** project

- **CRA La Cambija** [www.lacambija.com](http://www.lacambija.com)
- **CRA Casa Abánades** [www.abanades.com](http://www.abanades.com)
- **CRA El Lobo y La Luna** [www.elloboylaluna.es](http://www.elloboylaluna.es)
- **CRA Puerta Norte** [www.casaruralpuertanorte.com](http://www.casaruralpuertanorte.com)
- **CRA Villa de Brullés** [www.villadebrulles.com](http://www.villadebrulles.com)
- **CTR La Consulta de Isar** [www.consultadeisar.com](http://www.consultadeisar.com)
- **CTR El Molino de Plata** [www.elmolinodeplata.com](http://www.elmolinodeplata.com)
- **CTR El Safari** [www.metomolasdevilladiego.com](http://www.metomolasdevilladiego.com)
- **CTR El Sembrador** [www.el-sembrador.com](http://www.el-sembrador.com)
- **PO La Posada** [www.laposadadecastrojeriz.es](http://www.laposadadecastrojeriz.es)
- **H Rte. Viacos** [www.viacos.com](http://www.viacos.com)
- **Camping Cavia** [www.campingcavia.es](http://www.campingcavia.es)

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\* Rural hotel with historic interest \*\* Luxury Posada



# Ribera del Duero Burgalesa

Cereal plains, groves, thicket, moorland, rocky crags, Mediterranean forest.



**Birds of interest:** Egyptian vulture, Griffon vulture, Golden eagle, Peregrine, Eagle owl, Dupont's lark, Alpine swift, Black wheatear, Blue rock thrush, Chough, Red-backed shrike.

## Accommodation network linked to the **TRINO** project

- **CRA Casa Baco** [www.casaruralbaco.es](http://www.casaruralbaco.es)
- **CRA El Artesano** [www.casaelartesano.com](http://www.casaelartesano.com)
- **CRA El Castillo** [www.riberaledueroburgalesa.com/donde-dormir.php](http://www.riberaledueroburgalesa.com/donde-dormir.php)
- **CRA Flor** [www.casonavadocondes.es](http://www.casonavadocondes.es)
- **CRA Casa Azul de La Ribera del Duero** [www.casaazuldelaribera.es](http://www.casaazuldelaribera.es)
- **CRA La Tejera** [www.latejera.eu5.org](http://www.latejera.eu5.org)
- **CRAC Las Cuatro Sendas** [www.lascuatrosendas.es](http://www.lascuatrosendas.es)
- **CRA Los Tulipanes** [www.lostulipanes.es](http://www.lostulipanes.es)
- **CRAC and Rte. La Casa de Aza** [www.lariberadelduero.com/casadeaza](http://www.lariberadelduero.com/casadeaza)
- **CTR Casona de Vadocondes** [www.casonavadocondes.es](http://www.casonavadocondes.es)
- **CTR La Casa Grande (Palacio de los Serrano)** [www.palaciodelosserrano.es](http://www.palaciodelosserrano.es)
- **CTR and Rte. Las Baronas** [www.lasbaronas.com](http://www.lasbaronas.com)
- **CTR and Rte. La Parada del Cid** [www.laparadelcid.com](http://www.laparadelcid.com)
- **PR and Rte. Monasterio Tórtolas de Esgueva** [www.posadamonasterio.es](http://www.posadamonasterio.es)
- **H Milagros Río Riaza** [www.hotelmilagrosriaza.com](http://www.hotelmilagrosriaza.com)
- **H and Rte. El Prado de Las Merinas** [www.pradodelasmerinas.com](http://www.pradodelasmerinas.com)
- **HS and Rte. El Ventorro** [www.elventorro.com](http://www.elventorro.com)

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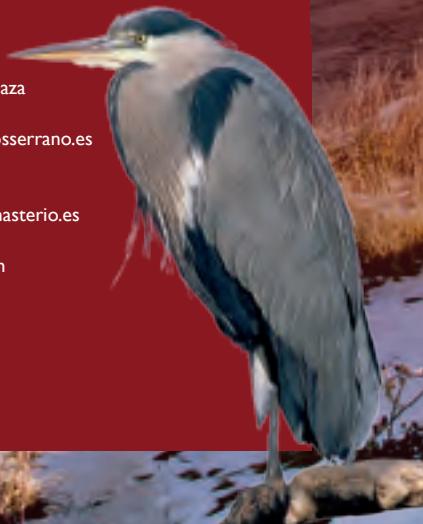
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\* Rural hotel with historic interest \*\* Luxury Posada

LOCAL ACTION GROUPS  
IN Castilla y León



**ADRI Ribera del Duero Burgalesa**  
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09410 Peñaranda de Duero (Burgos)  
Tel.: +34 947 552 091  
[www.riberaledueroburgalesa.com](http://www.riberaledueroburgalesa.com)  
[info@riberaledueroburgalesa.com](mailto:info@riberaledueroburgalesa.com)



# Sierra de la Demanda

Atlantic forest, lagoons and peatland, glaciers, high mountain pasture, rocky crags, pine forests, groves, thicket.



**Birds of interest:** Hen harrier, Grey partridge, Honey buzzard, Golden eagle, Peregrine, Treecreeper, Woodcock, Alpine accentor, Rock thrush.

LOCAL ACTION GROUPS  
IN Castilla y León



**AGALSA Sierra de la Demanda**  
C/ Ondevilla, 24  
09199 Pineda de la Sierra (Burgos)  
Tel.: +34 947 424 028  
[www.sierradelademanda.com](http://www.sierradelademanda.com)  
[agalsa@sierradelademanda.com](mailto:agalsa@sierradelademanda.com)

## Accommodation network linked to the **TRINO** project

- **CRA Bigotes** [www.casaruralbigotes.com](http://www.casaruralbigotes.com)
- **CRA El Hayedo** [www.elhayedodepineda.com](http://www.elhayedodepineda.com)
- **CRA El Pesebre de Atapuerca** [www.elpesebredeatapuerca.es](http://www.elpesebredeatapuerca.es)
- **CRA El Rincón de Alfoz** [www.elrincondelalfoz.es](http://www.elrincondelalfoz.es)
- **CRA La Chimenea Serrana** [www.lachimeneaserrana.com](http://www.lachimeneaserrana.com)
- **CTR La Cerca de Doña Jimena** [www.lacercadejimena.com](http://www.lacercadejimena.com)
- **CRA La Morera de Agustina** [www.lamoreradeagustina.es](http://www.lamoreradeagustina.es)
- **CTR Papasol** [www.burgosturismorural.com](http://www.burgosturismorural.com)
- **H Mesón Casa de Guzmán** [www.hotelcasadeguzman.com](http://www.hotelcasadeguzman.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada



# BURGOS Comarca del Arlanza

Rocky crags, moorland,  
Mediterranean forest.



**Birds of interest:** Egyptian vulture, Griffon vulture, Hen harrier, Golden eagle, Bonelli's eagle, Peregrine, Eagle owl, Alpine swift, Blue rock thrush.

Accommodation network linked to the **TRINO** project

- **CRA Fortaleza** [www.casaruralfortaleza.com](http://www.casaruralfortaleza.com)
- **CTR La Dehesa** [www.dehesacogollo.fotopages.com](http://www.dehesacogollo.fotopages.com)
- **CTR Zaguán** [www.elzaguanlerma.com](http://www.elzaguanlerma.com)
- **HR La Posada de Eufrasio** [www.posadadeeufrasio.com](http://www.posadadeeufrasio.com)
- **CTR Sabinares del Arlanza** [www.sabinaresdelarlanza.com](http://www.sabinaresdelarlanza.com)
- **CRA Villa Gómez** [www.casavillagomez.com](http://www.casavillagomez.com)
- **CRAC La Hornera** [www.lahornera.info](http://www.lahornera.info)
- **CRA El Carretero de Santa Inés I and II** [www.casaruralelcarreterodesantaines.com](http://www.casaruralelcarreterodesantaines.com)
- **CRA La Conejera** [www.casarurallaconejera.es](http://www.casarurallaconejera.es)
- **CRA Casa Adolfo** [www.casaadolfo.es](http://www.casaadolfo.es)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada

LOCAL ACTION GROUPS  
IN Castilla y León



**ADECOAR**

C/ Audiencia 6, 09340 Lerma (Burgos)  
Tel.: +34 947 177 016  
[www.adecoar.com](http://www.adecoar.com)  
[info@adecoar.com](mailto:info@adecoar.com)



# BURGOS Las Merindades

Rocky crags, groves, thicket,  
moorland, Atlantic forest,  
Mediterranean forest.



**Birds of interest:** Egyptian vulture, Griffon vulture, Hen harrier, Montagu's harrier, Golden eagle, Bonelli's eagle, Peregrine, Eagle owl, Alpine swift, Dupont's lark, Alpine chough.

Accommodation network linked to the **TRINO** project

- **CRA El Horno and el Horno II** [www.casaelhorno.es](http://www.casaelhorno.es)
- **CRA Arija** [www.arijaaventura.com](http://www.arijaaventura.com)
- **CRA La Toba I y II** [www.casalatoba.com](http://www.casalatoba.com)
- **AT Albergue de Arija** [www.alberguedearija.com](http://www.alberguedearija.com)
- **CRAC La Ondina** [www.laondina.com](http://www.laondina.com)
- **CRAC Poza de la Torca I and CRA Poza de la Torca II** [www.pozadelatorca.es](http://www.pozadelatorca.es)
- **CRAC Zalama** [www.casazalama.com](http://www.casazalama.com)
- **CTR La Gándara** [www.lagandara.com](http://www.lagandara.com)
- **CTR El Mirador de Merindades** [www.elmiradordemerindades.es](http://www.elmiradordemerindades.es)
- **CTR Punto y Aparte** [www.puntoyaparterural.com](http://www.puntoyaparterural.com)
- **PO Molino del Canto** [www.molinodelcanto.com](http://www.molinodelcanto.com)
- **PR El Prado Mayor** [www.pradomayor.com](http://www.pradomayor.com)
- **PR Granja Ribacardo** [www.posadagrancardobaco.com](http://www.posadagrancardobaco.com)
- **HS Villacobos** [www.hostalruralvillacobos.com](http://www.hostalruralvillacobos.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant || **AT:** Tourist Hostel

\* Rural hotel with historic interest \*\* Luxury Posada

LOCAL ACTION GROUPS  
IN Castilla y León



**CEDER Las Merindades**  
C/ El Soto, s/n  
09550 Villarcayo de M.C.V. (Burgos)  
Tel.: +34 947 130 197  
[www.lasmerindades.com](http://www.lasmerindades.com)  
[cedermerindades@lasmerindades.com](mailto:cedermerindades@lasmerindades.com)



# BURGOS

## La Bureba, Oca - Tirón, EBRO - Treviño y Río Ubierna - Las Navas

**Rocky crags, Atlantic forest,  
Mediterranean forest, groves,  
thicket.**



**Birds of interest:** Egyptian vulture, Griffon vulture, Chough, Golden eagle, Bonelli's eagle, Peregrine, Grey partridge, Honey buzzard, Woodcock, Eagle owl, Alpine chough.

### Accommodation network linked to the **TRINO** project

- **CRAC El Brocal** [www.elbrocal.es](http://www.elbrocal.es)
- **CRAC El Sol** [www.casaruralelsol.es](http://www.casaruralelsol.es)
- **CRAC La Casa del Huerto** [www.lacasadelhuerto.es](http://www.lacasadelhuerto.es)
- **CRAC Quinta Término** [www.quintatermino.com](http://www.quintatermino.com)
- **CTR Aldeas de Treviño** [www.aldeasdettrevino.com](http://www.aldeasdettrevino.com)
- **CTR San García** [www.laposadadelobispo.com](http://www.laposadadelobispo.com)
- **CTR Santuario de Santa Casilda** [www.santuariosantacasilda.es](http://www.santuariosantacasilda.es)
- **H Mi Hotelito** [www.mihotelito.es](http://www.mihotelito.es)
- **AT El Corro** [www.beloaventura.org](http://www.beloaventura.org)
- **CTR Las Majadas de San Palayo** [www.lasmajadasdesanpelayo.com](http://www.lasmajadasdesanpelayo.com)
- **CRA Lar Emilia** [www.laremilia.com](http://www.laremilia.com)
- **CTR Valdebelar** [www.valdebelar.com](http://www.valdebelar.com)

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\* Rural hotel with historic interest \*\* Luxury Posada

**LOCAL ACTION GROUPS  
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### ADECO Bureba

C/ Santa Inés, 9 - bajo 09240 Briviesca (Bu)  
Tel.: +34 947 593 831  
[www.adecobureba.com](http://www.adecobureba.com)  
[info@adecobureba.com](mailto:info@adecobureba.com)



## Laciana y Alto Sil, Babia, Luna, Bernesga, Torío, Omaña and La Cepeda

**High mountain, rocky crags,  
Atlantic forest.**



**Birds of interest:** Capercaillie, Grey partridge, Golden eagle, Hen harrier, Honey buzzard, Montagu's harrier, Black woodpecker, Woodcock, Bluethroat, Treecreeper, Alpine accentor, Rock thrush.

### Accommodation network linked to the **TRINO** project

- **CRA Aguas Frías** [www.aguasfrias.info](http://www.aguasfrias.info)
- **CRA El Liao and CRA Los Fresnos** [www.lazado.com](http://www.lazado.com)
- **CRA Mirador de Babia I and II** [www.miradordebabia.com](http://www.miradordebabia.com)
- **CRA Entre Valles** [www.entrevalles.info](http://www.entrevalles.info)
- **CRA La Alberiza** [www.laalberiza.com](http://www.laalberiza.com)
- **CRA La Castañona** [www.fincalcastanona.com](http://www.fincalcastanona.com)
- **CRA La Panera del Conde** [www.lapaneradelconde.blogspot.com](http://www.lapaneradelconde.blogspot.com)
- **CRA Las Verdes I and II** [www.lasverdes.es](http://www.lasverdes.es)
- **CRAC La Gosteriza** [www.lagosteriza.com](http://www.lagosteriza.com)
- **CTR Casa Amagada** [www.casamagada.com](http://www.casamagada.com)
- **PR Días de Luna** [www.diasdeluna.com](http://www.diasdeluna.com)
- **CTR El Urogallo** [www.lazado.com](http://www.lazado.com)
- **CTR La Bolera** [www.ctrlabolera.es](http://www.ctrlabolera.es)
- **CTR Montealegre** [www.ctrmontealegre.net](http://www.ctrmontealegre.net)
- **H Santa Lucía** [www.hotelsantalucia.es](http://www.hotelsantalucia.es)
- **HS Fontañán** [www.hostalfontanan.com](http://www.hostalfontanan.com)
- **HS Las Rocas** [www.hostalrocas.com](http://www.hostalrocas.com)
- **APT Mil Madreñas Rojas** [www.milmadreñashojas.es](http://www.milmadreñashojas.es)
- **AT El Chaltén** [www.elchalten.es](http://www.elchalten.es)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada

**LOCAL ACTION GROUPS  
IN Castilla y León**



### CUATRO VALLES

Avda. Mancho, 92  
24120 Canales-La Magdalena (León)  
Tel.: +34 987 581 666  
[www.cuatrovalles.es](http://www.cuatrovalles.es)  
[cuatrovalles@cuatrovalles.es](mailto:cuatrovalles@cuatrovalles.es)



# León Sahagún and southeast León

Cereal plains, wetland.



LOCAL ACTION GROUPS  
IN Castilla y León



## ADESCAS

Avda. Dres. Bermejo y Calderón, 12  
24320 Sahagún (León)  
Tel.: +34 987 780 100  
[www.adescas.org](http://www.adescas.org)  
[adescas@adescas.org](mailto:adescas@adescas.org)

**Birds of interest:** Montagu's harrier, Lesser kestrel, Great bustard, Marsh harrier, Hen harrier, Little bustard, Black-bellied sandgrouse, Short-eared owl, Merlin, Dotterel, Rook.

### Accommodation network linked to the **TRINO** project

- **HS and Rte. El Ruedo** [www.restaurantelruedo.com](http://www.restaurantelruedo.com)
- **CRAC Pozo Villa** [www.pozovillarural.es](http://www.pozovillarural.es)
- **CRAC Casa Joaco** [www.casajoaco.com](http://www.casajoaco.com)
- **CTR Casa el Cura** [www.lacasaelcura.com](http://www.lacasaelcura.com)
- **CTR La Huerta** [www.eljardindelahuerta.es](http://www.eljardindelahuerta.es)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

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\* Rural hotel with historic interest \*\* Luxury Posada



La Cabrera, La Maragatería, Valle del Eria, Ribera del Jamuz, Valle del Tuerto, Tierras de Duerna

Rocky crags, high mountain, Pasture, uncultivated land, agricultural fields.



LOCAL ACTION GROUPS  
IN Castilla y León



## MONTAÑAS DEL TELENO

Casa Consistorial de Valderrey  
24793 Valderrey (León)  
Tel.: +34 987 605 910  
[www.montanasdelteleno.com](http://www.montanasdelteleno.com)  
[galteleno@gmail.com](mailto:galteleno@gmail.com)

**Birds of interest:** Hen harrier, Peregrine, Rock thrush, Montagu's harrier, Golden eagle, Short-toed eagle, Booted eagle, Eagle owl, Bluethroat, Alpine swift, Blue rock thrush, Chough, Little bustard, Black-shouldered kite, Stone curlew.

### Accommodation network linked to the **TRINO** project

- **CTR Casa Pepa** [www.casapepa.com](http://www.casapepa.com)
- **CRA La Casina de la Fuente** [www.lacasinadelafuente.es](http://www.lacasinadelafuente.es)
- **CRA La Velada** [www.lavelada.com](http://www.lavelada.com)
- **PR Hostería Camino** [www.hosteriacamino.com](http://www.hosteriacamino.com)
- **CRA La Casa de Murias** [www.lacasademurias.com](http://www.lacasademurias.com)
- **CRAC Casa kika** [www.casakika.com](http://www.casakika.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada



# El Bierzo

Atlantic forest, high mountain, pasture.



**Birds of interest:** Honey buzzard, Hen harrier, Grey partridge, Rock thrush, Capercaillie, Golden eagle, Black woodpecker, Woodcock.

Accommodation network linked to the **TRINO** project

- **CTR Valle de Ancares** [www.valledeancares.com](http://www.valledeancares.com)
- **CRA Babel** [www.latorredbabel.com](http://www.latorredbabel.com)
- **CRA La Devesina** [gimarino@yahoo.com](mailto:gimarino@yahoo.com)
- **CRA A Calexa da Poza** [www.marquesbalboa.com/desweb/estrellaenriquez.com](http://www.marquesbalboa.com/desweb/estrellaenriquez.com)
- **CTR Los Trobos** [www.lostrobos.com](http://www.lostrobos.com)
- **CRA La Osa Mayor** [www.osamayor.es](http://www.osamayor.es)
- **CRA La Casa del Abuelo Julián** [gistredomagico@hotmail.com](mailto:gistredomagico@hotmail.com)
- **CRA Morada de los Sueños** [gistredomagico@hotmail.com](mailto:gistredomagico@hotmail.com)
- **CRA El Nido** [gistredomagico@hotmail.com](mailto:gistredomagico@hotmail.com)
- **CRA El Souto** [gistredomagico@hotmail.com](mailto:gistredomagico@hotmail.com)
- **CRA Casa Do Concello** [www.casadoconcello.com](http://www.casadoconcello.com)
- **CRA La Mallada** [www.lamallada.com](http://www.lamallada.com)
- **CRA El Loceo** [www.valledeancares.com](http://www.valledeancares.com)
- **CRA El Salgueiro** [info@elsalgueiro.com](mailto:info@elsalgueiro.com)
- **CRA Casa Canedo** [www.casacanedo.es](http://www.casacanedo.es)
- **Camping Burbia**

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada

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IN Castilla y León



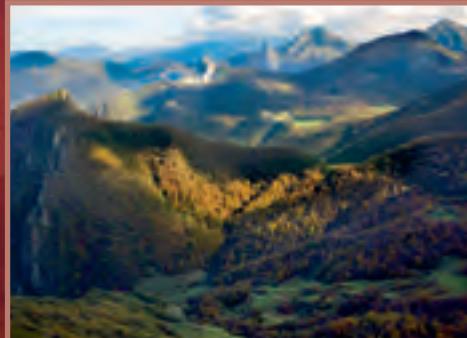
## ASODEBI

Avda. de la Minería, s/n 1ºD  
24402 Ponferrada (León)  
Tel.: +34 987 418 214  
[www.asodebi.org](http://www.asodebi.org)  
[asodebi@asodebi.org](mailto:asodebi@asodebi.org)



# Eastern mountains of Leon and Picos de Europa

Atlantic forest, rocky crags, high mountain.



**Birds of interest:** Honey buzzard, Capercaillie, Grey partridge, Black woodpecker, Middle Spotted woodpecker, Rock thrush, Chough, Snowfinch, Treecreeper, Alpine accentor, Citril finch.

LOCAL ACTION GROUPS  
IN Castilla y León



## Montaña de Riaño

Avda. Valcayo, 8 · 24900 Riaño (León)  
Tel.: +34 987 740 776  
[www.mriano.com](http://www.mriano.com)  
[gerente@mriano.com](mailto:gerente@mriano.com)



Accommodation network linked to the **TRINO** project

- **CRA El Casar del Puente I and II** [www.elcasardelpuente.es](http://www.elcasardelpuente.es)
- **CRA La Venta del Alma I and II** [www.laventadelalma.com](http://www.laventadelalma.com)
- **CTR Casas de Montaña Alto Curueño** [www.casasdelugueros.com](http://www.casasdelugueros.com)
- **CRAC El Canto del Gallo** [www.elcantodelgallo.com](http://www.elcantodelgallo.com)
- **CTR El Sabinar** [www.elsabinar.net](http://www.elsabinar.net)
- **HS Tierra de la Reina** [www.hoteltierradelareina.com](http://www.hoteltierradelareina.com)
- **Albergue de Portilla** [www.alberguedepotilla.es](http://www.alberguedeportilla.es)
- **Albergue El diablo de la peña** [www.alberguedecain.com](http://www.alberguedecain.com)
- **H Río Cea** [www.hotelriocea.com](http://www.hotelriocea.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada

## Páramo Leonés, Órbigo and Esla rivers

Cereal plains, wetland.



LOCAL ACTION GROUPS  
IN Castilla y León



### POEDA

C/ Ferrera, 12  
24240 Santa María del Páramo (León)  
Tel.: +34 987 351 026  
[www.poeda.eu](http://www.poeda.eu)  
[poeda@poeda.eu](mailto:poeda@poeda.eu)

**Birds of interest:** Montagu's harrier, Little bustard, Black-shouldered kite, Short-toed eagle, Stone curlew, Calandra lark, Short-toed lark, Thekla lark, Tawny pipit, Ortolan bunting.

### Accommodation network linked to the TRINO project

- **CTR Astura** [www.asturarural.com](http://www.asturarural.com)
- **CTR B & B El Caminero** [www.elcaminero.es](http://www.elcaminero.es)
- **CTR Hospedería Los Reales** [www.hospederalosreales.com](http://www.hospederalosreales.com)
- **CTR Molino Galochas** [www.molinogalochas.com](http://www.molinogalochas.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

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\* Rural hotel with historic interest \*\* Luxury Posada



## Palencia Cerrato Palentino

Moorland, Mediterranean forest, agricultural fields.



LOCAL ACTION GROUPS  
IN Castilla y León



### ADRI Cerrato Palentino

Plaza La Carolina, 5  
34240 Baltanás (Palencia)  
Tel.: +34 979 790 118  
[www.cerratopalentino.org](http://www.cerratopalentino.org)  
[adri@cerratopalentino.org](mailto:adri@cerratopalentino.org)

**Birds of interest:** Red-necked nightjar, Sardinian warbler, Orphean warbler, Azure-winged magpie, Spanish sparrow, Thekla lark, Spectacled warbler, Black-eared wheatear, Pin-tailed sandgrouse, Dupont's lark, Black-shouldered kite, Goshawk.

### Accommodation network linked to the TRINO project

- **CRA La Cañuela** [www.lacañuela.es](http://www.lacañuela.es)
- **CRA La Toba** [www.latobacasarural.com](http://www.latobacasarural.com)
- **CRA El Portal del Cerrato** [www.elportaldelcerrato.com](http://www.elportaldelcerrato.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada



# Palencia Tierra de Campos

Cereal plains, wetland.



LOCAL ACTION GROUPS  
IN Castilla y León



**Birds of interest:** Purple heron, Marsh harrier, Montagu's harrier, Lesser kestrel, Great bustard, Spoonbill, Greylag goose, Bittern, Little bittern, Bearded tit, Savi's warbler, Reed bunting.

Accommodation network linked to the **TRINO** project

- **CRA Las Cuatro Torres** [www.lascuattrotorres.com](http://www.lascuattrotorres.com)
- **CTR and CRAs Amanecer en Campos** [www.amanecerencampos.com](http://www.amanecerencampos.com)
- **CTR Estrella de Campos** [www.turismuraledecampos.com](http://www.turismuraledecampos.com)
- **CTR La Casona de Doña Petra** [www.casonadepetra.com](http://www.casonadepetra.com)
- **CTR San Hipólito** [www.sanhipolito.com](http://www.sanhipolito.com)
- **APT Las Casitas de Papel** [www.lascasitasdepapel.com](http://www.lascasitasdepapel.com)
- **CRA La Pequeña A and B** [www.casaruralayb.com](http://www.casaruralayb.com)
- **CRA Las Casas del Corro A and B** [www.casasdelcorro.com](http://www.casasdelcorro.com)
- **AT Tierra de Campos** [www.fundacionglobalnature.org/centros/palencia.htm](http://fundacionglobalnature.org/centros/palencia.htm)
- **CTR Villamartín de Campos** [www.posadadecampos.com](http://www.posadadecampos.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

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\* Rural hotel with historic interest \*\* Luxury Posada



# Palencia Montaña Palentina

High mountain, rocky crags,  
Atlantic forest, heathland,  
pasture.



LOCAL ACTION GROUPS  
IN Castilla y León



**Birds of interest:** Egyptian vulture, Grey partridge, Middle Spotted woodpecker, Honey buzzard, Short-toed eagle, Alpine swift, Alpine accentor, Snowfinch, Treecreeper.

**Montaña Palentina**  
Plaza Modesto La Fuente, I  
34840 Cervera de Pisuerga (Palencia)  
Tel.: +34 979 870 770  
[www.montanapalentina.es](http://www.montanapalentina.es)  
[leadercal@montanapalentina.es](mailto:leadercal@montanapalentina.es)

Accommodation network linked to the **TRINO** project

- **CRA Casa Tarabás**
- **CRA Casa Montes, Casa Gutiérrez and Casa del Arco**
- [www.elmayorazgo.net](http://www.elmayorazgo.net)
- **CRA Entrepeñas and Los Nidos** [www.casaentrenidos.com](http://www.casaentrenidos.com)
- **CRA Villa Esperanza I and 2**
- **CTR Cortijo las Monjas** [www.elcortijodelasmonjas.com](http://www.elcortijodelasmonjas.com)
- **CTR La Camarga** [www.ctrlacamarga.com](http://www.ctrlacamarga.com)
- **CTR Piedra Abierta** [www.piedraabierta.com](http://www.piedraabierta.com)
- **HS y Rte. Pacho** [www.hrpacho.es](http://www.hrpacho.es)
- **CRA Casa Simón**
- **CTR Molino de Valdesgares** [www.molinovaldesgares.com](http://www.molinovaldesgares.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada



# Salamanca

## Tierra del Oeste SALMANTINO

Sparse wood pasture, rocky crags, Mediterranean forest, groves, thicket.



**Birds of interest:** Black stork, Egyptian vulture, Griffon vulture, Golden eagle, Bonelli's eagle, Red kite, Peregrine, Eagle owl, Dupont's lark.

### Accommodation network linked to the **TRINO** project

- **CRA Casa Balneario** [www.orgullorural.com](http://www.orgullorural.com)
- **CRA La Casa del Cura** [www.lacasadelcura.net](http://www.lacasadelcura.net)
- **CRA Orgullo Rural** [www.orgullorural.com](http://www.orgullorural.com)
- **CRA Therma Agreste** [www.orgullorural.com](http://www.orgullorural.com)
- **CTR Casa Las Uces** [www.casalasuces.com](http://www.casalasuces.com)
- **CTR La Judería de las Arribes** [www.juderiadelasarribes.com](http://www.juderiadelasarribes.com)
- **CTR Mesa del Conde** [www.mesadelconde.es](http://www.mesadelconde.es)
- **CTR Las Mugas** [www.arribesocio.com](http://www.arribesocio.com)
- **CTR El Sayal** [www.elsayal.com](http://www.elsayal.com)
- **H Aldeaduero** [www.aldeaduero.com](http://www.aldeaduero.com)
- **PR Faenas Camperas** [www.faenascamperas.com](http://www.faenascamperas.com)
- **AT Aires del Duero** [www.albergueairesdelduero.es](http://www.albergueairesdelduero.es)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada

LOCAL ACTION GROUPS  
IN Castilla y León



### ADEZOS

C/ San Roque, 13, 1º  
37210 Vitigudino (Salamanca)  
Tel.: +34 923 528 100 [www.adezos.es](http://www.adezos.es)  
[adezos@adezos.es](mailto:adezos@adezos.es)



## CAMPO CHARRO, ALBA de TORMES and Guijuelo

Sparse wood pasture, Mediterranean forest, groves, thicket, rocky crags.



**Birds of interest:** Black stork, Little bittern, White stork, Honey buzzard, Montagu's harrier, Red kite, Black-shouldered kite, Black vulture, Crane.

LOCAL ACTION GROUPS  
IN Castilla y León



### ADRECAG

C/ Alfonso XIII, 2  
37770 Guijuelo (Salamanca)  
Tel.: +34 923 580 644 [www.adrecag.org](http://www.adrecag.org)  
[adrecag@adrecag.org](mailto:adrecag@adrecag.org)

### Accommodation network linked to the **TRINO** project

- **CRA Casa Mudayyan** [www.casamudayyan.com](http://www.casamudayyan.com)
- **CRA El Caño I and II** [www.galinduste.com](http://www.galinduste.com)
- **CRA La Charca** [www.casarurallacharca.com](http://www.casarurallacharca.com)
- **CRA Valderrojo** [www.valderrojo.es](http://www.valderrojo.es)
- **CRA La Nogala and II** [www.campochiarro.com](http://www.campochiarro.com)
- **CRA Torre Verde** [www.torreverde.com](http://www.torreverde.com)
- **CRA Casa del Médico** [www.lascasasdepelayos.com](http://www.lascasasdepelayos.com)
- **CRA Larvaldencina** [www.casonavaldejimena.com](http://www.casonavaldejimena.com)
- **CTR Casona Valdejimena** [www.casonavaldejimena.com](http://www.casonavaldejimena.com)
- **CTR VII Carreras** [www.turismoruralviiicarreras.com](http://www.turismoruralviiicarreras.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada



# Salamanca

## Sierras de Bejar y Francia

Rocky crags, pine forests,  
groves, thicket, heathland.



**Birds of interest:** Black stork, Black vulture, Honey buzzard, Egyptian vulture, Griffon vulture, Golden eagle, Peregrine.

### Accommodation network linked to the **TRINO** project

- **CRA Abadía**
- **CRA Casa Cendal** [www.casaruralcendal.com](http://www.casaruralcendal.com)
- **CRAC Fuentes de Abajo** [www.fuentesdeabajo.com](http://www.fuentesdeabajo.com)
- **CRA Las Peruchas** [www.lasperuchas.es](http://www.lasperuchas.es)
- **CTR Candela and Plata** [www.candelayplata.com](http://www.candelayplata.com)
- **CTR Másio de La Plata** [www.edicionesweb.com/mansiodelaplata/contacto.asp](http://www.edicionesweb.com/mansiodelaplata/contacto.asp)
- **H Antiguas Eras La Alberca** [www.antiguaseras.com](http://www.antiguaseras.com)
- **Camping Sierra de Francia** [www.campingsierradefrancia.com](http://www.campingsierradefrancia.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada

LOCAL ACTION GROUPS  
IN Castilla y León



#### ADRIS

Avda. Peña de Francia, 2  
37624 La Alberca (Salamanca)  
Tel.: +34 923 423 118 [www.adriss.net](http://www.adriss.net)  
[info@adriss.net](mailto:info@adriss.net)



Tierras de Peñaranda,  
Cantalapiedra, Alba de Tormes,  
La Armuña and Ledesma

Cereal plains, sparse wood  
pasture, groves, thicket, wetland.



**Birds of interest:** Montagu's harrier, Great bustard, Black-bellied sandgrouse, Pin-tailed sandgrouse, Little bustard, Great crested grebe.

LOCAL ACTION GROUPS  
IN Castilla y León



#### Nordeste de Salamanca

C/ Teresa Herrero, 1 - 1º  
37797 Calzada de Valdunciel (Salamanca)  
Tel.: +34 923 310 405  
[www.nordestesalamanca.com](http://www.nordestesalamanca.com)  
[nordestesalamanca@telefonica.net](mailto:nordestesalamanca@telefonica.net)

### Accommodation network linked to the **TRINO** project

- **CRA El Molino de Aldearrubia** [www.elmolinodealdearrubia.com](http://www.elmolinodealdearrubia.com)
- **CRA La Casa del Sauco** [www.lacasadelsauco.com](http://www.lacasadelsauco.com)
- **CRA La Solana del Abuelo** [www.lasolanadelabuelo.com](http://www.lasolanadelabuelo.com)
- **CTR Rural Montesa** [www.ruralmontesa.com](http://www.ruralmontesa.com)
- **CTR La Torrecilla** [www.aloraweb.com](http://www.aloraweb.com)
- **AT La Rivera** [www.alberguelarivera.com](http://www.alberguelarivera.com)
- **CRAC El Rinconete**

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

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\* Rural hotel with historic interest \*\* Luxury Posada



# Segovia Campiña segoviana

Pine forest and holm oak woods,  
wetland, pasture, groves, thicket.



LOCAL ACTION GROUPS  
IN Castilla y León



**AIDESCOM Santa M<sup>a</sup> la Real de Nieva**  
C/ Los Maestros nº 2  
40440 Santa María la Real de Nieva (Segovia)  
Telf.: 921 59 50 06  
aidescom@aidescom.org

**Birds of interest:** Black stork, Spanish imperial eagle, Booted eagle, Golden eagle, Red kite, Black vulture, Peregrine.

Accommodation network linked to the **TRINO** project

- **CRA Camino del Prado** [www.caminodelprado.com](http://www.caminodelprado.com)
- **CRA El Molino I y II** [www.elmolinodenieva.com](http://www.elmolinodenieva.com)
- **CRA Palacio de Hoyuelos** [www.palaciodehoyuelos.com](http://www.palaciodehoyuelos.com)
- **CRAC La Gurriata** [lagurriata@hotmail.com](mailto:lagurriata@hotmail.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

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\* Rural hotel with historic interest \*\* Luxury Posada



# Segovia Tierra de Pinares

Pine forest, wetland, pasture,  
groves, thicket.



LOCAL ACTION GROUPS  
IN Castilla y León



**HONORSE Tierra de Pinares**  
C/ Trinidad, 22 · 40200 Cuéllar (Segovia)  
Tel.: +34 921 143 422  
[www.tierradepinares.es](http://www.tierradepinares.es)  
[info@tierradepinares.es](mailto:info@tierradepinares.es)

**Birds of interest:** Black stork, White stork, Spanish imperial eagle, Black kite, Little bittern, Marsh harrier, Black-shouldered kite, Short-toed eagle, Roller.

Accommodation network linked to the **TRINO** project

- **CRA Los Lobos** [www.loslobos.es](http://www.loslobos.es)
- **CRA Real Pósito I and II** [www.casarealposito.com](http://www.casarealposito.com)
- **CTR El Lagar de Vegafría** [www.ellagardevegafria.com](http://www.ellagardevegafria.com)
- **CTR y CRAs A Toca** [www.atoca.es](http://www.atoca.es)
- **Camping Hoces del Duratón** [www.campinghocesdelduratón.com](http://www.campinghocesdelduratón.com)
- **PR Palacio de los Condes** [www.palaciodeloscondes.es](http://www.palaciodeloscondes.es)
- **CRA Valleduratón** [www.valleduratón.com](http://www.valleduratón.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

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\* Rural hotel with historic interest \*\* Luxury Posada



# Segovia

## Sierra de Guadarrama

Pasture, high mountain,  
rocky crags, pine forest.



**Birds of interest:** Chough, Egyptian vulture, Griffon vulture, Red kite, Short-toed eagle, Black stork, Honey buzzard, Spanish imperial eagle, Booted eagle, Golden eagle, Black vulture, Peregrine, Goshawk, Alpine accentor, Bluethroat, Rock thrush.

LOCAL ACTION GROUPS  
IN Castilla y León



### SEGOVIA-SUR

Ctra. de Segovia, 5 · 40191 Espirdo (Sg)  
Tel.: +34 921 449 059  
[www.segoviasur.com](http://www.segoviasur.com)  
[segoviasur@segoviasur.com](mailto:segoviasur@segoviasur.com)

### Accommodation network linked to the **TRINO** project

- **CRA El Balcón de Nut** [www.elbalcondenut.com](http://www.elbalcondenut.com)
- **CRAC El Camino Real** [www.elcaminoreal.info](http://www.elcaminoreal.info)
- **CRA El Mirador de la Cigüeña** [www.elmiradordelacigueña.es](http://www.elmiradordelacigueña.es)
- **CRA El Rinconcillo de Torreiglesias I, II and III** [www.elrinconcillodetorreiglesias.es](http://www.elrinconcillodetorreiglesias.es)
- **CRA La Casa de las Eras** [www.casadelaseras.com](http://www.casadelaseras.com)
- **CRA La Estrella Polar I, II and III** [www.laestrellapolar.info](http://www.laestrellapolar.info)
- **CTR Alquería de Segovia** [www.alqueriadesegovia.com](http://www.alqueriadesegovia.com)
- **CTR El Chorro** [www.hotelspaelchorro.com](http://www.hotelspaelchorro.com)
- **CTR La Casona de Espirdo** [www.espirdo.com](http://www.espirdo.com)
- **CRAC La Chatarrería de Ferreros** [www.lachatarreriadeferreros.com](http://www.lachatarreriadeferreros.com)
- **CTR La Data** [www.ladata.es](http://www.ladata.es)
- **PO Hospedería de Santo Domingo** [www.hospederiasantodomingo.com](http://www.hospederiasantodomingo.com)
- **CTR La Tejera de Fausto** [www.latejeradefausto.com](http://www.latejeradefausto.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

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\* Rural hotel with historic interest \*\* Luxury Posada



## ALMAZÁN, BERLANGA DE DUERO, ARCOS DE JALÓN AND MEDINACELI

Agricultural land for cereals,  
moorland rocky crags.



LOCAL ACTION GROUPS  
IN Castilla y León



### ADEMA

Plaza Mayor, 2  
42200 Almazán (Soria)  
Tel.: +34 975 301 531 [www.adema.es](http://www.adema.es)  
[info.adema@adema.es](mailto:info.adema@adema.es)

### Accommodation network linked to the **TRINO** project

- **CRA El Alfar** [www.tajueco.com](http://www.tajueco.com)
- **CRA El Museo** [www.casaelmuseo.com](http://www.casaelmuseo.com)
- **CRA La Pastora** [www.zonasrurales.com](http://www.zonasrurales.com)
- **CRA La Sierra** [www.casalasierra.com](http://www.casalasierra.com)
- **CRAC Las Vicarías** [www.lasvicarias.com](http://www.lasvicarias.com)
- **CRAC La Antigua Fonda** [www.laantiguafonda.com](http://www.laantiguafonda.com)
- **CRAC Museo del Cántaro** [www.museodelcantaro.com](http://www.museodelcantaro.com)
- **CTR La Casa del Maestro** [www.casadelmaestro.com](http://www.casadelmaestro.com)
- **PO Los Leones** [www.posadalosleones.com](http://www.posadalosleones.com)
- **PO Palacio de Brías** [www.palaciodebrias.com](http://www.palaciodebrias.com)
- **HS Castilla** [www.hostalruralcastilla.com](http://www.hostalruralcastilla.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada



# Valladolid

## Tierra de Campos

Cereal plains, groves, thicket, wetland.



**Birds of interest:** Montagu's harrier, Lesser kestrel, Great bustard, Pin-tailed sandgrouse, Black-bellied sandgrouse, Little bustard, Marsh harrier, Red kite, Black-shouldered kite, Short-eared owl.

### Accommodation network linked to the **TRINO** project

- **CRAC El Encuentro** [www.casaruralelencuentro.com](http://www.casaruralelencuentro.com)
- **CRA La Huerta** <http://perso.wanadoo.es/casaruralahuerta/>
- **CTR Bodega La Tata** [www.ctrlatata.com](http://www.ctrlatata.com)
- **CTR El Rincón de Doña Inés** [www.rinconines.com](http://www.rinconines.com)
- **CTR Fuerte de San Mauricio** [www.casaruralfuertesanmauricio.com](http://www.casaruralfuertesanmauricio.com)
- **CTR La Huerta Mantilla** [www.lahuertamantilla.com](http://www.lahuertamantilla.com)
- **CTR Quinta del Canal** [www.quintadelcanal.com](http://www.quintadelcanal.com)
- **PR La Posada del Canal** [www.laposadadelcanal.com](http://www.laposadadelcanal.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada

LOCAL ACTION GROUPS  
IN Castilla y León



**ADRI Zona Norte de Valladolid**  
Avda. del Parque, 10  
47600 Villalón de Campos (Valladolid)  
Tel.: +34 983 761 145  
[www.tierradecampos.com](http://www.tierradecampos.com)  
[adrivall@tierradecampos.com](mailto:adrivall@tierradecampos.com)



## Valladolid central Area

Cereal plains, groves, thicket, wetland, pine forest, Mediterranean forest.



LOCAL ACTION GROUPS  
IN Castilla y León



**ADRI Zona Centro de Valladolid**  
C/ Santa María, 25, 2º  
47100 Tordesillas (Valladolid)  
Tel.: +34 983 770 407  
[www.proderzonacentro.com](http://www.proderzonacentro.com)  
[zonacentro@adezonacentro.e.telefonica.net](mailto:zonacentro@adezonacentro.e.telefonica.net)

**Birds of interest:** Purple heron, Marsh harrier, Booted eagle, Cormorant, Grey heron, Night heron, Black kite, Great crested grebe, Great reed warbler.

### Accommodation network linked to the **TRINO** project

- **CTR San Pelayo** [www.centrosanpelayo.com](http://www.centrosanpelayo.com)
- **CRA Don Diego** [www.casaruraldondiego.com](http://www.casaruraldondiego.com)
- **CRA El Rincón de Torozos** [www.elrincondetorozos.com](http://www.elrincondetorozos.com)
- **CRA La Casa del Valle** [www.lacasadelvalle.com](http://www.lacasadelvalle.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

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\* Rural hotel with historic interest \*\* Luxury Posada



# Zamora

*Tierra de Campos, Tierra del Pan,  
Lampreana and North of the Duero*

Cereal plains, wetland, pasture.



LOCAL ACTION GROUPS  
IN Castilla y León



## ADRI Palomares

Plaza San Pedro, 8  
49136 Villafáfila (Zamora)  
Tel.: +34 980 591 753  
[www.adripalomares.com](http://www.adripalomares.com)  
[adripalomares@adripalomares.com](mailto:adripalomares@adripalomares.com)

**Birds of interest:** Marsh harrier, Montagu's harrier, Lesser kestrel, Great bustard, Greylag goose, Crane, Little bustard, Black-winged Stilt, Avocet, Gull-billed tern, Short-eared owl.

## Accommodation network linked to the **TRINO** project

- **CRA Ca Madre** [www.casaruralcamadre.com](http://www.casaruralcamadre.com)
- **CRA La Casa del Pueblo** [www.lacasadelpueblo.es](http://www.lacasadelpueblo.es)
- **CRA La Paloma** [www.casalapaloma.es](http://www.casalapaloma.es)
- **CTR Altejo** [www.altejo.com](http://www.altejo.com)
- **CTR Pago de Alafes** [www.ctrpagodealafes.com](http://www.ctrpagodealafes.com)
- **PR Los Condestables** [www.posadaloscondestables.com](http://www.posadaloscondestables.com)
- **HS Laguna del Villardon** [www.villarrin.es](http://www.villarrin.es)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

\* Rural hotel with historic interest \*\* Luxury Posada



*Valles del Eria, ESLA, ÓRBIGO,  
Tera Valverde and Vidriales*

Cereal plains, wetland, pasture,  
pine forests, Mediterranean  
forest.



LOCAL ACTION GROUPS  
IN Castilla y León



## MACOVALL 2000

C/ Calvario, 1  
49690 San Cristóbal de Entreviñas  
Tel.: +34 980 643 910  
[www.makovall.com](http://www.makovall.com)  
[macovall@macovall.org](mailto:macovall@macovall.org)

**Birds of interest:** Marsh harrier, Montagu's harrier, Grey heron, Booted eagle, Cormorant, Black kite, Dipper, Nightjar, Short-toed eagle, Peregrine.

## Accommodation network linked to the **TRINO** project

- **CTR and Rte El Molino** [www.ctr-elmolino.es](http://www.ctr-elmolino.es)
- **CTR Villa Martina 1820** [www.villamartina1820.com](http://www.villamartina1820.com)
- **PO Pascual** [www.posadarealpascual.com](http://www.posadarealpascual.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

**H:** Hotel || **HS:** Guest house || **Rte:** Restaurant

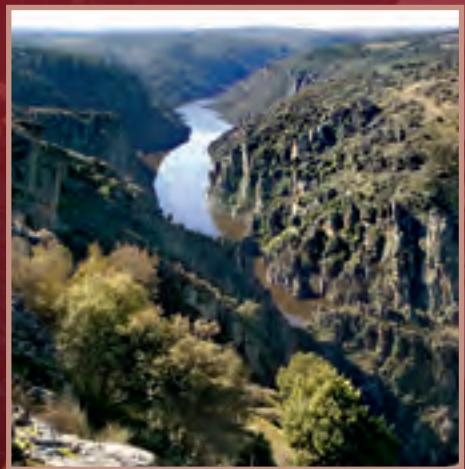
\* Rural hotel with historic interest \*\* Luxury Posada

# Zamora



# Zamora Comarca de Sayago

Sparse wood pasture, rocky crags, Mediterranean forest, groves, thicket.



## LOCAL ACTION GROUPS IN Castilla y León



### ADERISA

C/ Castañas, 5  
49200 Bermillo de Sayago (Zamora)  
Tel.: +34 980 610 209  
[www.aderisa.org](http://www.aderisa.org)  
[aderisa@aderisa.org](mailto:aderisa@aderisa.org)

**Birds of interest:** Black stork, Egyptian vulture, Griffon vulture, Golden eagle, Bonelli's eagle, Red kite, Peregrine, Eagle owl, Dupont's lark.

Accommodation network linked to the **TRINO** project

- **CTR Las Arribas** [www.lasarribas.com](http://www.lasarribas.com)
- **CTR Marqués de la Liseda** [mliseda.helcom.es](http://mliseda.helcom.es)
- **CTR Los Jerónimos** [www.losjeronimos.com](http://www.losjeronimos.com)
- **PR La Mula de los Arribes** [www.lamuladelosarribes.com](http://www.lamuladelosarribes.com)

**CRA:** Rural House (exclusive use) || **CRAC:** Rural House (shared rental)

**CTR:** Rural Tourism Centre || **PO:** Posada\* || **PR:** Royal Posada\*\*

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\* Rural hotel with historic interest \*\* Luxury Posada



## Active Tourism Companies

For guided tours and other leisure activities you can rely on the services of the accredited companies listed below whose staff are knowledgeable about the biodiversity of the areas in which they work:

### Arija Aventura

Paseo La Campa s/n 09570 Arija (Burgos) · Phone: 665 823 232 · [info@arijaaventura.com](mailto:info@arijaaventura.com)  
[www.arijaaventura.com](http://www.arijaaventura.com)

### Service of escort guide in the North of Burgos and Tierra de Campos

### Beloaventura

C/ Mayor 68 · 09250 Belorado (Burgos) · Phone: 670 691 173  
[www.beloaventura.org](http://www.beloaventura.org)

### Guheko

C/ Campanillas 48, I<sup>a</sup> Planta 24008 León · Phone: 983 082 083 · [contacto@guheko.com](mailto:contacto@guheko.com)  
[www.guheko.com](http://www.guheko.com)

### Ornithological guides contracting (or recruitment) service

### Naturaltur

Ctra Cuéllar - Sepúlveda s/n 40320 Cantalejo - Hoces del Duratón (Segovia)  
[www.naturaltur.com](http://www.naturaltur.com)

### Piedra Abierta

C/ Real s/n 34839 San Martín de Perapertú (Palencia)  
[www.piedraabierta.com](http://www.piedraabierta.com)

### Zamora Natural

C/ Salamanca 44, 1º3 49028 Zamora · Phone: 665 599 033 · [info@zamoranatural.com](mailto:info@zamoranatural.com)  
[www.zamoranatural.com](http://www.zamoranatural.com)

### Ornithological and nature routes organization in Villafáfila lakes, Duero River Canyon in Zamora and Sierra de la Culebra.

## Other Activities

For environmental educational activities you can also contact the following companies:

### Johanna Dartels

[www.delcorazon.info](http://www.delcorazon.info)

### Molino del Canto Birding

C/Molino del canto s/n 09146 Burgos · Barrio la cuesta · [www.molinodelcantobirding.web.com](http://www.molinodelcantobirding.web.com)

### Dos Aves

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# ¿WHY *Castilla y León?*

Its natural heritage is one of the hallmarks of Castilla y León. Its diverse landscapes, extending over more than 94,000 km<sup>2</sup>, are home to some of the highest biodiversity rates in Europe. The presence of 360 species of vertebrates is a good indicator for an area with around 26% of its natural area under protection, ensuring its long-term conservation.

Castilla y León is a leader in rural tourism in Spain and a benchmark for the sector. This prominent position allows new tourism offers to be embarked upon that satisfy the interests of those who visit our rural environment. It is in this way that this ornithological tourism project has developed, enabling the visitor to get close to the region's birdlife, natural landscapes and other species of wildlife.

You can enjoy bird watching activities in complete peace and comfort, as there are many hides and other types of infrastructure in place for this purpose.



## Practice responsible and sustainable tourism

This kind of tourism is based on criteria that have the socio-economic development of the area as their ultimate objective, rather than mass tourism. This avoids any negative environmental impact on the area to be visited, respecting and benefitting the local population, their economy and the environment.

### Through responsible tourism we try to guarantee:

- An approach to local culture and the environment that encourages the participation of local people in tourism.
- The negative effects of tourist activities are kept to a minimum.
- An increase in the positive effects of tourist activities. By these means local people will gain some economic, social, educational and environmental benefits.

### Some recommendations to take into account during your visit:

- Have respect for current regulations, paying special attention to the protected natural spaces.
- Wherever possible, visit information or nature interpretation centres. There you will find useful information about how to organise and enjoy your visit as well as gaining awareness of environmental values, access to routes and trails, authorised use etc.
- Avoid any activities that might cause a fire.
- Do not leave any waste or rubbish behind. Leave everything in the same state as you found it.
- A pair of binoculars, some field guides and appropriate clothing will make your field trip more interesting and comfortable.
- When taking routes or trails, try to ensure any human impact is kept to a minimum.
- Respect local culture and traditions.
- Buy local products, it will support the economy of the area.
- Hire local guides so that you can gain a deeper knowledge of the area.



# Come to Castilla y León Spain

# Discover its birdlife

# Relax in its accommodation

With the publication of this leaflet the **TRINO** project aims to raise awareness of **Castilla y León** as an area with a large variety of birdlife where you can enjoy exciting days of bird watching, discovering some of Europe's most outstanding bird species as well as enjoying our landscapes and cultural heritage.

Enjoy your trip at your own pace, all at your leisure.

